



# 2019

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# NO BOOZE NEWS

## Legal Aid

### **A High-priced attorney's biggest battle is with the bottle.**

From the April 2011 Magazine

Thought about alcohol all the time, beginning each morning, when I'd curse myself for getting drunk the night before. My hangover was usually crushing and it took great effort to look refreshed and cheerful so my wife wouldn't know I had gotten drunk, again.

The hangover persisted as I struggled to get through a court appearance or a meeting at my law firm, as did feelings of shame, guilt, demoralization and helplessness at being unable to control my alcohol consumption. I was terrified somebody would discover I was a drunk.

Around lunchtime, my head had usually cleared enough to renew my commitment to not drink that evening, or, at least stop after one, maybe two glasses of wine before dinner. The afternoon was consumed with planning my use of alcohol. What would I drink? Where would I drink? Did I have enough alcohol at home? I worked hard at the firm to be as productive as possible, motivated by the knowledge that it wouldn't be long before I could have my first drink.

After a drink or two that evening, my concern about drinking too much melted away. It was now okay to have a third drink ... and so it began again.

How could this happen to me? I am a well-educated professional with friends, a wife, two children who love me and, quite frankly, I make a lot of money. Alcoholics stumble around in the gutter and live in cardboard boxes, right? I wanted to modify my consumption, the only problem was that I had lost all power to do so.

Finally, after having gotten very drunk and passing out, again, I awoke in the den of my house. My wife reminded me of my agreement to seek help if I got drunk again. Being too arrogant to rescind, I called a judge friend who I knew used to have a drinking problem. I told him of my own struggle with alcohol and, to my surprise, he said he'd pick me up after dinner and we could talk. What he did was take me to a neighborhood AA meeting and changed my life.

Initially, I entered the meeting with a great deal of apprehension. It didn't help that, to my horror, I recognized my insurance agent and a fellow attorney acquaintance there, but everyone was very friendly. After listening to the

## Quote of the Month

When, therefore, we AAs look to the future, we must always ask ourselves if the **spirit** which now binds us together in our common cause will always be stronger than those personal ambitions and desires which tend to drive us apart. .  
. Though the individual AA is under no human coercion, is at almost perfect personal liberty, we have, nevertheless, achieved a wonderful unity on vital essentials.

For examples, the Twelve Steps of our AA program are not crammed down anybody's throat. They are not sustained by any human authority. Yet we powerfully unite around them because the truth they contain has saved our lives, has opened the door to a new world.  
-- **Bill W.**

From the June 1988 Grapevine

## **Get Published!**

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org  
THANK YOU

ten or so people present, I was asked if I wanted to say anything. I could not believe the words that came out of my mouth as I admitted I was an alcoholic and my life was unmanageable. I don't remember anything else, but afterwards I felt good about myself again. I felt hope.

All of a sudden, I wanted what these people had and was willing to go to any length not to drink alcohol. I was even willing to follow suggestions and go to a weekly meeting of lawyers and judges in recovery. My temporary sponsor suggested attending 90 meetings in 90 days.

As my journey in sobriety continued, I joined the Membership Assistance Program Committee of my State Bar, which works independently of the Lawyer Regulation Department. Like me, many lawyers voluntarily seek assistance and all information received is protected and confidential.

At that group, I met another lawyer in recovery who joined me at a law practice. We are still working together and it continues to be of great comfort to know another sober member of Alcoholics Anonymous is always just around the corner.

— Rick B.  
Phoenix, Arizona

## An Old Friend

### A local writer shares her letter to someone we all know

To an old friend:

It is strange to me to consider you a friend now that I am sober. If I am being honest, you were more than my friend, you were my whole life. You were all that mattered. Choosing you I lost my self-respect, dignity, integrity, and my sanity. I lost my family. I lost me. You became my master and I your servant.

As I write this letter, I am remembering what it was like when you controlled my life. The darkness and the pain were so unbearable at times that I would sit in my closet with you and wish I was dead. I could not take my own life, but I always hoped I just did not wake up. On April 25, 2017 I decided to end our friendship and today I can say it was one of the best days of my life.

The day I received my twenty-four-hour chip is the first day I was ever honest with myself. It was the day I admitted to myself, to God, and to others that I was an alcoholic. I was completely powerless. I had work to do. My sponsor sat me down and asked me if I was willing to do whatever it takes. Was I willing to take her suggestions and follow directions? She made it quite clear that her time will not be wasted on someone who will not get into action. She said I will work with you every hour you work. She was a little scary, I am not going to lie. I have not answered to anyone in very long time! However, I was scared, I was broken, and I thought I could never be whole again. My sponsor suggested two meetings a day and at ever meeting announce how many days I had sober. My ego was shrinking every day. I was learning about humility. I did not want to become friends with anyone because deep down I thought I was different. I still had a nice home, car, and business. I thought no one will understand how I drank because my problems were different. Boy was I wrong!

My sponsor gave me a speaker disk and that was the day I learned the saying "Come all the way in and sit down all the way down." I took my sponsor suggestion and started to make friends. Today I can say they are my best friends and my lifeline. I received service commitments and went through the steps and became a sponsor. I listened to what I was told. That was a first for me!

I wanted to write this letter as a reminder of where I was, and where I am today. I do not miss your friendship, but I will never forget about you and your evilness. I pray I never meet you again. My life today is incredible. The promises do come true. For the first time in my entire life I can say I am happy. Everyday is a new day and everyday is a day to do God's will.

— Tara S, Gilbert, AZ.

#### Crossword Answers From February Newsletter

##### Across

2. Malady
5. Kentucky
6. Grenadier
7. Self knowledge
8. Step Ten
9. Contact

##### Down

1. Captains Table
3. argument
4. four reasons



## EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



Page 3

## Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

### EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: [info@aamesaaz.org](mailto:info@aamesaaz.org)

[www.aamesaaz.org](http://www.aamesaaz.org)

Date \_\_\_\_\_ \*First Name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*ST \_\_\_\_\_ \*Zip \_\_\_\_\_ \*Gender \_\_\_\_\_

\*Sobriety Date \_\_\_\_\_ Home Group \_\_\_\_\_

e-mail address \_\_\_\_\_ Alt Phone \_\_\_\_\_

\* = required for listing in 12<sup>th</sup> Step List

☐ *No Booze News* Subscription / Renewal (\$12.00 annual subscription fee enclosed)

#### Volunteer Service Options

*Check only those you are willing to commit time to*

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

#### Committees of Interest

*Check only those you are willing to serve on*

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



**ROUNDUPS, CAMPOUTS AND CONFERENCES**

**WEST VALLEY ROUNDUP**

MARCH 15 ~ 17, 2019  
41835 N. CASTLE HOT SPRINGS RD.  
PEORIA, AZ

**TRI-STATE ROUNDUP**

MAY 16 ~ 19, 2019  
LAUGHLIN NV  
RIVERSIDE RESORT



**FLAGSTAFF ROUNDUP**

MAY 31 ~ JUNE 2, 2019  
FT. TUTHILL CAMPGROUND

**PRESCOTT SHOESTRING ROUNDUP**

AUGUST 30 ~ SEPTEMBER 1  
1500 AZ-69 PRESCOTT AZ  
PRESCOTT RESORT AND CONFERENCE CENTER



**Monthly Campfire Meeting**

Last Saturday of the Month @7:30pm  
2757 E Guadalupe Rd.  
Gilbert AZ  
Riparian Preserve and Water Park  
(take Cattail Crawl Trail to Honey Bee Point)



Sub-District 08-818 presents:

**Dunks Like Us**

7pm. Saturday April 20, 2019  
393 W Warner Rd. Chandler AZ  
Social hour followed by a speaker.

**EVI 40th Anniversary**

**"We Are Not Saints"**

**Mardi Gras**

**Costume Contest**

**Dinner and Speaker**

**Saturday, March 9th, 2018**

**Doors Open At 5:30pm**

**Dinner At 6:15pm**

**Speaker At 8:00pm**

**2716 N Dobson Rd. Chandler**  
**(St Katherine Greek Orthodox Church)**

**Tickets not available at the door.**

**See your EVI rep or**  
**stop by the office for tickets, \$20 each.**

**Meal and a Message**

**Saturday, April 27th**

**Doors Open At 5:30pm**

**Speaker At 7:30pm**

**1525 N Power Rd. Mesa**  
**(Love Of Christ Lutheran Church)**

**PRAASA 2019**

**May 1 ~ 3, 2019**  
**Irvine CA.**  
**[www.PRAASA.org](http://www.PRAASA.org)**

**2019 Pre-Conference Assembly**

**April 5 ~ 7, 2019**

**1500 AZ-69**

**Prescott AZ**

**(Prescott Resort and Conference Center)**



## Name Date Days

Blair P. ....	3/13/1980 .....	14244
George C. ....	3/5/1981 .....	13879
Mike B. ....	3/6/1982 .....	13514
Howard C. ....	3/7/1983 .....	13149
Michael S. ....	3/4/1985 .....	12418
Edward C. ....	3/15/1985 .....	12418
Linda C. ....	3/18/1987 .....	11688
Jeff L. ....	3/15/1988 .....	11322
Dennis H. ....	3/18/1988 .....	11322
Jim D. ....	3/1/1989 .....	10957
Michael D. ....	3/21/1990 .....	10957
Gabrielle C. ....	3/9/1991 .....	10227
Joyce G. ....	3/7/1992 .....	9861
Tracy N. ....	3/17/1992 .....	9861
Kate H. ....	3/27/1994 .....	9131
Suzann B. ....	3/18/1996 .....	8400
Bill J. ....	3/15/1997 .....	8400
Ramona B. ....	3/31/1996 .....	8400
Matt D. ....	3/13/1997 .....	8035
Rose D. ....	3/15/1997 .....	8035
Eddie Y. ....	3/5/1998 .....	7670
Aaron S. ....	3/27/2001 .....	6574
Gail B. ....	3/7/2002 .....	6209
Laura S. ....	3/11/2002 .....	6209
Don A. ....	3/17/2003 .....	5844
Traci W. ....	3/28/2005 .....	5113
Chris Anne H. ....	3/10/2006 .....	4748
Sydney V. ....	3/25/2006 .....	4748
Richard C. ....	3/11/2007 .....	4383
Kristin A. ....	3/20/2007 .....	4383
Kira N. ....	3/24/2007 .....	4383
Kristina M. ....	3/3/2008 .....	4017
Tom S. ....	3/1/2010 .....	3287
Marge M. ....	3/18/2011 .....	2922
Deborah C. ....	3/21/2011 .....	2922
Marissa S. ....	3/25/2011 .....	2922
Linzy Z. ....	3/2/2013 .....	2191
Rob K. ....	3/10/2014 .....	1826
Barbara M. ....	3/15/2014 .....	1826
Theresa C. ....	3/15/2015 .....	1473
Jessica T. ....	3/28/2015 .....	1461
Josh K. ....	3/15/2016 .....	1095
Danielle D. ....	3/30/2016 .....	1095
Leah Z. ....	3/1/2017 .....	730
Aaron V. ....	3/19/2017 .....	730
Kaine H. ....	3/3/2018 .....	365

**Step Three** Made a decision to turn our will and our lives over to the care of God *as we understood Him.*

**Tradition Three** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

**Concept Three** To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

*At Wit's End.*

(Incidentally, the word “pigeon”—as applied to an A.A. newcomer or prospect—was probably coined by Dr. Bob himself. “He used that word,” said Smitty, and one A.A. recalled that Doc would often announce at a meeting, “There’s a pigeon in Room so-and-so who needs some attention.” Or he might refer to the patient as “a cookie.”)

— Ed Nyland, Dr. Bob and the Good Old Timers

**YOU'RE PROBABLY AN ALCOHOLIC** if you spell Alcohol with a capital letter out of respect.

-- Dave S.

I know I'm getting better. I try to save my best arguments for when someone else is in the room.

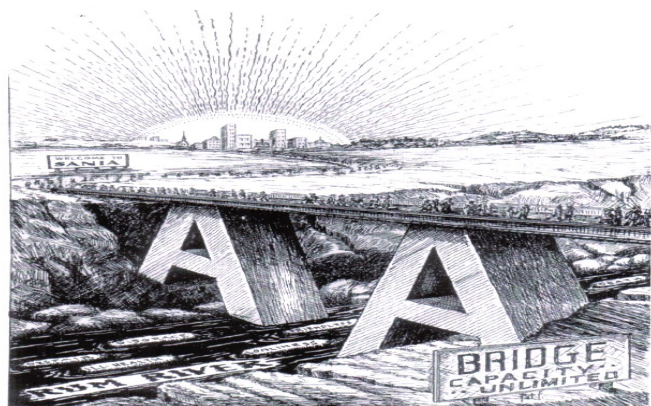
-- David F.

"Drinking didn't drown my problems, it irrigated them."

-- Dick L

"When you make a mistake, make amends immediately. It's easier to eat crow while it's still warm."

-- Susan C.





**PI / CPC**

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

**EVI Phone Workshop**

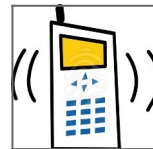
Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

**Workshops can be done at your Group !**

For more information

Call Beth H

**EVI Sponsorship Workshop**

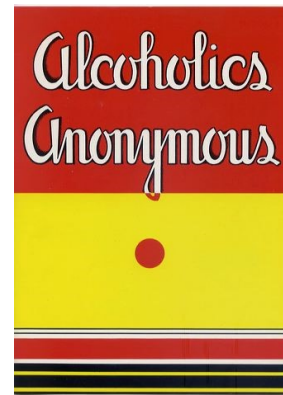
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

**March 2 ~ Easy Does It**

Join the

**EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

Contact 480 827-1905

**EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N. Dobson Rd Chandler

contact: 480 827-1905

***EVI Monthly Speaker Meeting****1st Friday of Every Month***Meeting Now At 7:30pm**

Antioch Community Church

1125 N. Dobson Rd Chandler

**March 1st ~ Easy Does It**

April 5th ~ Rising Spirit Group

These are subject to change - so keep watching.

Office Volunteers &  
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.

**\*\*\* Fill In shifts available now\*\*\***

# Central Office Manager's Report

February 15th, 2019

January has set the year off to a good start. We received several calls from people concerned about their drinking. Twelve step calls were set up, information on our program and directions to the meetings was provided. We received 497 requests for information and assistance last month. Of those 135 calls were for meeting info, 140 were office visitors and 15 resulted in a 12 step call. Our website stayed busy too. It had 45,752 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for January were 9,900 views. Of those 327 went to our website, 75 requested directions and 53 gave us a call.

The 2018 year end activity report is now ready, copies are at the back of the room. Please share this information with your Group as it helps to answer the question of "What the heck does Intergroup do?" And a big Thank You for all the support from our local Groups and Members, we couldn't do anything without you.

We now have a new, local printer. Our business cards have been updated with larger type and logo with lines on the back for phone numbers. They also have banner and sign capabilities at reasonable prices.

Service opportunities are always available on all EVI committees and the 12<sup>th</sup> step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

Don't forget the EVI 38<sup>th</sup> Anniversary Dinner and Speaker Meeting March 18<sup>th</sup> at St Katharine's Greek Orthodox Church 2712 N Dobson Rd. Chandler AZ 85224. **Tickets available from your group rep and at your Central Office.**

In the spirit of Tradition Eight,  
Love and Service

Kim W. Central Office Manager  
East Valley Intergroup

## EVI CENTRAL OFFICE ACTIVITY

..... Jan ..... 2019	
Meeting Information Calls .....	135 ..... 135
General Information .....	93 ..... 93
Referred to Salt River Intergroup ....	4 ..... 4
Referred to Al-Anon .....	13 ..... 13
Referred to Community Info .....	2 ..... 2
12th Step Calls .....	15 ..... 15
Business Calls .....	95 ..... 95
Office Visitors .....	140 ..... 140
Meeting lists printed .....	1,000 ..... 1,000
Info request via E-mail .....	52 ..... 52
Desk Volunteers-Reg/Sub/None. ....	33/ 8/ 1
Desk Volunteers-Reg HRS YTD .....	168hrs

### Web Stats

Website Visits last 30 days 45,752 YTD 45,752  
Google Searches last 30 days 9,900

## Meeting List Updates...

### New Meetings:

Natural High 761 S Horne St. Mesa TU 7:00p O,D  
Sun Lakes Serenity Seekers 25601 S Sun Lakes Blvd TU & TH 11:00a CW

### Changes:

San Tan Men's Moved To: 22709 S Ellsworth Rd. QC TU 6:00p M,C  
A Vision For You 2601 E Thunderhill Pl. Ahwatukee FR 9:00a N.BB,O  
Common Thread **Moving To:** 139 E Alameda Dr. Tempe TU 7:30p M,O  
The Society 9333 E Main St. Mesa SA 8pm Speaker is **Now at 7pm**

### Deletions:

Today's 24 Hours 9729 E San Tan Blvd (QC Meeting House) FR 6:30a  
For Whom The Bell Tolls 2601 E Thunderhill Place Ahwatukee  
Seniors In Sobriety 2121 S Rural Rd. Tempe SA 3:00p O

*East Valley Intergroup*  
1320 E. Broadway Rd. # 105  
Mesa, AZ 85204

*General Service Office*  
PO Box 459, Grand Central Station  
New York, NY 10163

\*\*\* NEW \*\*\*

*Area 03 Treasurer*  
PO Box 18765  
Tucson, AZ 85371

*\*Make Check To: AZ Area Committee\**

*District 08-818*  
PO Box 12044  
Tempe, AZ 85284

*District 08-819*  
PO Box 594  
Mesa, AZ 85211

*District 08-820*  
PO Box 20404  
Mesa, AZ 85277

*District 08 (Maricopa County)*  
PO Box 45066  
Phoenix, AZ 85064

*Valleywide H & I*  
PO Box 80126  
Phoenix, AZ 85060

### Example of Group Contributions to A.A.

#### Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

# GROUP CONTRIBUTIONS



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GROUP	Jan.	YTD
11th Step Candlelight.....		\$0.00
2121 Beginner Workshop .....		\$0.00
24 Hours A Day .....		\$0.00
A Vision For You Group .....		\$0.00
ABC Group.....	\$200.00	\$200.00
Ahwatukee Group.....		\$0.00
Ahwatukee Nooners.....		\$0.00
Ahwatukee Saturday Men's.....	\$147.17	\$147.17
Ahwatukee Women's Group .....		\$0.00
Arbor Daily Noon Group.....	\$300.00	\$300.00
As Bill Sees It.....		\$0.00
Attitude Adjustment Ahwatukee .....		\$0.00
Attitude Adjustment CG.....		\$0.00
Attitude of Gratitude .....		\$0.00
Basic II.....		\$0.00
Bloopers.....		\$0.00
Bootstrap Men's .....		\$0.00
Breakfast Club.....		\$0.00
Busted Ego.....	\$120.00	\$120.00
By The Book .....		\$0.00
Chandler Men's Stag Group .....		\$0.00
Chandler Noon Group .....	\$120.00	\$120.00
Chandler Women's Big Book Group.....	\$427.78	\$427.78
Cold Coffee Group .....		\$0.00
Common Solution.....		\$0.00
Common Thread.....		\$0.00
Copper Basin Group.....		\$0.00
Courage To Change.....		\$0.00
Daily Reflections Group.....		\$0.00
Day At A Timers .....		\$0.00
East Valley Men's Stag.....	\$125.00	\$125.00
Easy Does It Group .....	\$88.87	\$88.87
Eye Opener Group .....		\$0.00
Family Recovery Group.....		\$0.00
Feelings & Solutions.....		\$0.00
Firehouse Meeting.....		\$0.00
Florence Group.....		\$0.00
Friday Night Big Book Study .....		\$0.00
Friends Of Bill W. ....	\$100.00	\$100.00
Get It Together.....	\$268.73	\$268.73
Gilbert Gals .....		\$0.00
Gilbert Group .....		\$0.00
Gold Canyon 12 X 12 Group.....	\$86.78	\$86.78
Good Ol' Back to Basics .....		\$0.00
Grateful Dames .....		\$0.00
Grateful Girlfriends.....		\$0.00
Gratitude Group.....		\$0.00
Great Start.....	\$200.00	\$200.00
Gut Level.....	\$136.36	\$136.36
Happy Hour @ Sunbird.....		\$0.00
Heard It Thru The Grapevine.....		\$0.00
Into Action.....		\$0.00
Inwardly Reorganized.....		\$0.00
Keepin It Real Ladies.....	\$160.50	\$160.50
Life In The Big Book .....	\$142.80	\$142.80
Maricopa 12 X 12 .....	\$40.00	\$40.00
Maricopa Group.....		\$0.00
Mid-Morning Group.....		\$0.00
Monday Night Madness .....		\$0.00
Morning After Group .....	\$200.00	\$200.00
Name In The Hat.....	\$737.00	\$737.00
New Beginnings .....		\$0.00
New Hope Group .....		\$0.00
New Spirit Group .....		\$0.00
No Name AA Group .....		\$0.00
Not A Glum Lot.....		\$0.00
Opportunity Knocks.....	\$100.00	\$100.00
Page A Day.....	\$435.24	\$435.24
Pioneer Group .....		\$0.00

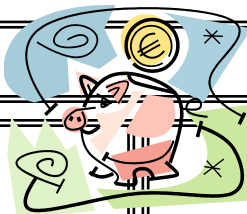
GROUP	Jan.	YTD
Price Is Right .....		\$0.00
Primary Purpose Group .....	\$225.00	\$225.00
Prime Time .....		\$0.00
Progress Rather Than Perfektion.....		\$0.00
Putting God First .....		\$0.00
Queen Creek Nooners .....	\$443.92	\$443.92
Re-Awakening Group.....		\$0.00
Remember When .....		\$0.00
Renewed Spirit.....		\$0.00
Rising Spirit .....	\$775.10	\$775.10
Road To Recovery .....		\$0.00
Rock Solid.....		\$0.00
San Tan Men's.....		\$0.00
Second Chance Group .....	\$317.00	\$317.00
Seniors In Sobriety-Tempe disbanded ..	\$160.00	\$160.00
Serenity At Six .....		\$0.00
Shade Tree .....		\$0.00
Sisterhood Of Solutions .....		\$0.00
Sobriety is Gold.....		\$0.00
Sobriety Rocks .....		\$0.00
Society Group .....		\$0.00
Solutions Group.....		\$0.00
Some Are Sicker Than Others .....	\$100.00	\$100.00
Southeast Valley Stag .....	\$500.00	\$500.00
Spirited Women .....	\$213.57	\$213.57
Step By Step Group .....		\$0.00
Stepping Stones.....		\$0.00
Sunday Morning Women.....		\$0.00
Sunday Night BB Step Study .....		\$0.00
Sun Lakes Women .....		\$0.00
Sunland Serenity Seekers.....		\$0.00
Sunset Group.....		\$0.00
Tempe Group .....		\$0.00
Tempe Nooners.....	\$25.00	\$25.00
Tempe Sunrisers .....		\$0.00
Tempe Young People .....		\$0.00
The Library.....	\$147.00	\$147.00
The Real Thing.....		\$0.00
The Way Out Group .....	\$75.00	\$75.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out .....		\$0.00
Tuesday's Trudgers.....		\$0.00
Tumbleweeds Group .....		\$0.00
Upon Awakening.....		\$0.00
We Ain't Dead Yet.....		\$0.00
We Agnostics .....		\$0.00
We Can Group .....		\$0.00
Wednesday Night Step.....		\$0.00
Wednesday Night Winners .....		\$0.00
Welcome Home .....		\$0.00
West Chandler Men's.....		\$0.00
Who's Driving Your Bus?.....		\$0.00
Wolf Pack Group .....	\$50.00	\$50.00
Women in Gratitude.....		\$0.00
Women in Solution .....		\$0.00
Women in Touch .....		\$0.00
Wonder Women .....		\$0.00
*Anonymous Groups.....	\$161.92	\$161.92

## OTHER GROUPS/COMMITTEES

Apache Lake Campout .....		\$0.00
54th International Women's Conf .....	\$3,080.00	\$3,080.00
AZ AA Womens Conference .....		\$0.00
Dist 08-818.....		\$0.00
Meal and a Message.....		\$0.00
<b>Group Totals .....</b>	<b>\$10,853.04</b>	<b>\$10,853.04</b>
<b>EVI Committees .....</b>	<b>\$91.00</b>	<b>\$91.00</b>
<b>Individual Contributions.....</b>	<b>\$50.00</b>	<b>\$50.00</b>
<b>GRAND TOTALS.....</b>	<b>\$10,994.04</b>	<b>\$10,994.04</b>

(\*Group contribution with no group name listed)





### BALANCE SHEET January 31, 2019

#### Assets

##### Current Assets

Checking	8,874.36
Prudent Reserve (Savings)	23,918.84
Accounts Receivable	810.85
Inventory Asset	17,987.70
Undeposited Funds	0.00

##### Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

**Total Assets** **\$56,668.67**

#### Liabilities & Equity

##### Liabilities

Accounts Payable	0.00
Visa Credit Card	138.80
Payroll taxes	94.88

**Total Liabilities** **\$233.68**

##### Equity

Opening Balance Equity	43,778.94
Retained Earnings	6,731.99
Net Income	5,924.06

**Total Equity** **\$56,434.99**

**Total Liability & Equity** **\$56,668.67**

### PROFIT & LOSS STATEMENT January 2019

39 Group contributions totaling	<b>\$10,853.04</b>
1 Individual contributions totaling	<b>\$50.00</b>
Intergroup Business Meeting & Service Committee's 7th Tradition	<b>\$91.00</b>
<b>Total Contributions</b>	<b>\$10,994.04</b>
<b>Total Income</b>	<b>\$16,848.92</b>
<b>Less total Cost Of Sales</b>	<b>\$4,401.64</b>
<b>Gross Profit</b>	<b>\$12,447.28</b>
<b>Less total Expenses of</b>	<b>\$6,523.22</b>
<b><u>Net January Gain</u></b>	<b>\$5,924.06</b>
<b><u>YTD 2019 Gain</u></b>	<b>\$5,924.06</b>

The current Prudent Reserve balance is \$23,918.84  
The Prudent Reserve has been  
established for 2019 in the amount of \$24,825.87

Please call me with any questions or comments  
regarding the financial statements.

Grateful to be of service,  
Ron S. EVI Treasurer

## Traditions Checklist

**Tradition Three: The only requirement for AA membership is a desire to stop drinking.**

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I over impressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

**East Valley Intergroup Business Meeting Minutes****February 15, 2019****Meeting Opened at 7:02PM****12 Traditions ready by – Tommy M.****INTRODUCTIONS: Your attendance and participation are appreciated, and visitors are always welcome!****Intergroup Representatives:**

**New Reps:** *Gabi N. Both Books Step Study, Phil Easy Does It, Julia Bloopers, Nadia The Real Thing, Brian Inwardly Organized Heidi G. Ahwatukee Group, Michael G. Ahwatukee Men's, Nancy O. Ahwatukee Women's, Thom S. Arbor Group, Elizabeth L. Bloopers, Julie Bloopers (Alt), Gabi N. Both Books SS, Molly G. By the Book, Gary L Chandler Noon, Elizabeth G. Chandler Women's BB, Tom O Common Thread, Phil F. Easy Does It, Denis W. Friends of Bill W., Julie C. GIT (Alt), Rose M. Gratitude Group (Alt), Rose M. Happy Hour Sun Lakes, Brian V. Inwardly Reorganized, Deana E LiBB, Gary L. Maricopa Group, John H. No Name Group, Sherry B. PAD, Ashley St. Thomas Price is Right, Matt J. Primary Purpose, T. S. Putting God First, Barb M. Queen Creek Nooners, Angie S. Rising Spirit, Justin S. Road to Recovery, Mallory E. SASTO, Tom M. Southeast Valley Stag, Peg D Spirited Women, Katelyn B Step by Step, Kimberly K Stepping Stones, Dave T. SNBBSS(Alt), Gail W. Sunset Group, Ken C. Sunset Group (Alt), Beth H. Tempe Sunrisers (Alt), Cat M. The Real Thing, Pat C. The Way Out, Paul B Tuesday Night Steppin Out, Troy S. Tumbleweeds Group, Lonnie M. Upon Awakening, Jim M. WADY, Beth H. We Agnostics, Michelle O. Women in Gratitude, Deborah B. Women in Gratitude (Alt)*

**Committee and other Trusted Servants: (N/P = Not Present)**

**Tom:** Thanked Reps for flexibility with location moves the past months. We are located here at Antioch for the time being, but actively looking for location change. Please send any suggestions to the office. We need a location that can hold 70-75 ppl, would like it to be centralized and possibly close to freeways. Asked if email reminder was helpful? Many said yes and appreciated the reminder. Tom suggested we keep sending out monthly email reminder.

**Secretary's Report:** Andrea: Welcome to new reps, Please sign in and update info, New Rep packets available, Asked everyone to check sign in sheet for updates. Motion to accept –Denis, 2nd- Paul

**Treasurer's Report: Report in Packet:** Ron, Report in Packet, We ended with quite a few donations, Net Income for January - \$5924. 06. Prudent Reserve set at \$1000 less than last year, we will be able to meet Prudent Reserve after this month, Talked about this at Steering Committee, We have expenses coming up with Anniversary Dinner. Want to thank groups for their contributions! Your contributions allow the East Valley to continue to service groups.

Kaitlyn- How long does it take to cash check? Kim explained she talked to their group treasurer and office did not receive the check. The treasurer put a stop payment and was re-sending the check.

Motion to accept- Matt, 2<sup>nd</sup>- Molly 7<sup>th</sup> **Tradition: \$78.00**

**Chairperson's Report:** Tom- Welcomed new reps. Reviewed Robert's Rules of Order. Reviewed handout that was provided to IGR's.

Kaitlyn- Why do I only get one vote if I represent two groups? Tom explained that one person equals one vote. Advised to discuss with groups that they could get alternate or have another person rep so they can have a vote.

**Vice Chair's Report:** Chuck E- Report in packet, Explained General Service Assembly April 5<sup>th</sup>!

**Office Manager:** Kim- January was busy and had uptick in calls due to New Year resolution. The 2018 Year End Activity report is ready, please take copy back to your group to help explain what the office is doing. In 2018, we have 125 active meeting in the East Valley. Over the year we had 111/125 contribute to the Intergroup. This is 88% of groups contributing! WOW! You guys are awesome! Thank you!! Contracted new printer for business cards. We were asked by a group in Payson to list them in our directory. Replied to email asking if they had Intergroup or District, Steering Committee discussed and agreed in the spirit of service we could list. BUT, new information was received on today (Friday) and it seems there is a website for them to list their meeting. We will not do anything at this time.

**STANDING COMMITTEE REPORTS**

**PICPC:** Paul – Last meeting on Feb 4<sup>th</sup> had 9 attendees, The education committee sat table during two lunch periods at Gilbert High, still communicating with Governor's office, Still focused on getting literature into public libraries, Literature committee gave pamphlets to South west Medicine College who just started new meeting. Community Services Committee and Government Services now have chairs. Thank you! Starting to plan workshop for this future date and time this year. Still need a secretary! We would greatly appreciate the help! Next meeting on Monday, March 4<sup>th</sup> at Gilbert Presbyterian Music Room at TPM.

Marge- Asked where to get literature for a student that visited meeting? Paul will provide

**Special Events: J** – Feb 1<sup>st</sup> Speaker Meeting hosted by WE Agnostics was great turn out! Please feel free to join us this month on March 4<sup>th</sup> here at Antioch. We have Special Event Committee meeting before the speaker meeting. Easy Does It will host in March Speaker meeting. The committee is planning the 40<sup>th</sup> Anniversary Dinner on March 9<sup>th</sup> and would love any help. Any Questions- Where can we get tickets? See J after meeting! Can we turn in money now? Yes, see Ken C. after the meeting

**Phone Committee:** Beth- We need phone volunteers. Two spots are available for the third Sunday morning and evening shift. Great spot for groups to take a commitment. We love individual volunteers and group volunteers. We will come out and train at your meeting. Please consider getting in 12 step call list. We need people on the list to help take calls. Currently, there are 13 open spots for March calendar.

**Unity Committee:** Tom- currently no chair, We have someone who interested but could not be here tonight. We could use membership on this committee. This committee reaches out to groups that are not participating in Intergroup. This committee meets on the 3<sup>rd</sup> Friday just before this business meeting. We are also looking for Advisor to Steering committee.

**Sponsorship Workshop:** N/P, Easy Does It is hosting the next Sponsorship Workshop on March 2<sup>nd</sup> @ 10AM at Gilbert Presbyterian Church.

**Newsletter Editor:** N/P, Tom- we are down on mail subscriptions of No Booze News. We encourage all to get the monthly subscription so you can get the printed copy at home.

**Literature:** N/P

#### LIASION REPORTS

**Alanon Liaison:** Rosemary- Family Recovery is Feb 23<sup>rd</sup> at St Peter Lutheran in Mesa. Starts 5PM wth light supper- Chili. There are great speakers and raffle. Yuma Round Up flyer is also in the back. Alanon has big presence at this Round up, Its next weekend.

**H&I Liaison:** Mike- Attended meeting on Feb 13, Awareness Day is May 13 at Kiwanis Park Ruben Romero Picnic Area- need volunteers! Correction conference is here on March 29-30<sup>th</sup> at Gloria Day Church, Go to [www.area03.org](http://www.area03.org) to register.

**Spanish Liaison:** Marge – Attended Spanish Intergroup meeting last month, They have booklet that is sold for \$2 that contain groups anniversary and others who have shared their experience, strength and hope. They also have a Unity committee. They attended the new Spanish speaking meeting at Bloopers, They do have a liaison (Francisco) that is willing to help. Attended the Women's International in LA. Elizabeth went to Ranch Market and they have AA pamphlets there in Spanish!

**Sub District 08-818:** N/P

**Sub District 08-819:** Jason – Save the Date flyer is in the back for March 30<sup>th</sup> Eat, Meet, and Greet at First Christian Church in Mesa. Step by Step is hosting event. If interested in attending monthly meeting, please attend

**Sub District 08-820:** Carol – We are having great attendance at meeting. All is well in 820.

**OLD BUSINESS:** none

**NEW BUSINESS:** Tom: Still need Unity Committee Advisor and Chair!!

**ANNOUNCEMENTS:** Ron- reminded new reps that we will have an intro meeting after this meeting, hang out and ask questions. Welcome!

**Group Problems & Solutions:** Gary- Information for people, We have never been around long enough to know everything. Meetings that he attends are putting meetings in church announcements, Great way to get word out to people and that AA is available in people's church.

Kaitlyn- tomorrow is Mesa Round Up Valentines' Day Dance at 530 for Dinner, Speaker at 7PM, and Dance afterwards, tickets are \$5 and sold at the door.

**Close Meeting: Motion to close- All!!**

Thank you,

Andrea M.



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Live and let live

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## **Laughter Is Our Best Medicine**

### **Excerpts from the new AA book "Dr. Bob and the Good Oldtimers" show both humorous and serious sides of our co-founder**

ED B. REMEMBERED that Dr. Bob used to tell stories at meetings to illustrate certain points--much as parables are used in the Bible.

"He would always stress that being at the meeting was itself part of a spiritual awakening, that it didn't necessarily have to come to you in a flash of light," recalled Ed. "And to make the point in a humorous way, he would tell about the cop shining the light on a couple making love in the park. 'It's all right,' the man said. 'We're married.' 'I'm sorry,' the cop replied. 'I didn't know it was your wife.\*' 'Neither did I until you shined the light on us,' the man said."

Ed had quite a collection of Dr. Bob stories.

"Then you know how we talk about God never forgetting us. Dr. Bob a story for that, too. One man was telling another about all the trouble his son got into, and the second fellow said, 'You know, Jim, if that was my son, I'd kick him out.' The first fellow said, 'If he was your son, I'd kick him out, too.' That was to stress that God didn't kick us out. We left of our own accord."

"Then about getting out of AA what you put into it. Doc told about the farmer asking this fellow if he wanted to work the harvest. 'What are you paying?' the man asked. 'I'll pay you what you're worth,' the farmer said. 'No, thanks,' the fellow said. 'I'll be damned if I'll work for that little.'"

According to Ed, Dr. Bob would explain prayer by telling how the camels in a caravan would kneel down in the evening, and the men would unload their burdens. In the morning, they would knee! down again, and the men would put the burdens back on. "It's the same with prayer," Dr. Bob said. "We get on our knees to unload at night. And in the morning when we get on our knees again, God gives us just the load we are able to carry for that day."

"I remember one story he repeated over and over," said Ed. "It was about this boy who burned his hand. The doctor dressed it bandaged it. When he took the bandage off, the boy's hand was healed. The little boy said, 'You're wonderful, Doctor. You cure everybody, don't you?' 'No, I don't,' the doctor replied. 'I just dress the wound. God heals it.'"

Finally: "There was the woman who called and asked, 'Are you the Dr. Bob who helps alcoholics?' When he replied that he was, she asked him to send her two bottles of that Alcoholics Anonymous for her sick husband. 'Don't you think one would be enough?' he asked. 'Oh no,' she replied. 'My husband is in the hospital. He needs two.'" . . .

Through this period [the onset of his fatal illness], Dr. Bob continued going to AA meetings at King School. Anne C. recalled hearing someone asking him at this time, "Do you have to go to all these meetings? Why don't you stay home and conserve your strength?"

Dr. Bob considered the question for a time, then said, "The first reason is that this way is working so well. Why should I take a chance on any other way? The second reason is that I don't want to deprive myself of the privilege of meeting, greeting, visiting with fellow alcoholics. It is a pleasure to me. And the third reason is the most important. I belong at that meeting for the sake of the new man or woman who might walk through that door. I am living proof that AA will work as long as I work AA, and I owe it to the new person to be there. I am the living example."

### **Get Published!**

Send your articles, jokes, poems and artwork to Rick T. [info@aamesaaz.org](mailto:info@aamesaaz.org)  
THANK YOU